

**PUBLISHED BOOKS:**

*The Box of Daughter: Overcoming a Legacy of Emotional Abuse*  
(The Essential Word Press, 2011)

*Acting A to Z: The Young Person's Guide to a Stage or Screen Career*  
(Watson-Guptill Publications, 1998; Second Edition published 2006)

*Smart Actors, Foolish Choices: A Self-Help Guide to Coping with the Emotional Stresses of the Business*  
(Watson-Guptill Publications, 1996)

**PRINT ARTICLES / COLUMNS:**

*Sasse* magazine & *Sasse.com*: "This is the Year for Me"  
"Walking the Tightrope"

*The Significato Journal*: "My Old Dreams by the Ancient Road"

*Fiftyshift.com*: "Spider Love"  
"Life in the Blender"  
"No More Emergencies"  
"The Beauty and Value of an End-of-Life Service"  
"A Miracle Mineral for Midlife?"

*Dance Teacher Now* magazine:  
"Promoting Healthy Competition in the Classroom"  
"Sense and Sensibility"  
"Giving the Gift of Artistry"

*Dance Spirit* magazine:  
"Healthy Competition"  
"Developing Artistry"

*The Montague Reporter*, Montague, MA:  
"The View from Lake Pleasant" – weekly column on living the simple life

*The Recorder*, Greenfield, MA:  
Religion column guest writer: "Unitarian Universalism Offers Man a New Path"

*The Women's Times*, Pioneer Valley edition:  
"With These Hands: An Entrepreneur Fosters Creativity in Kids"  
"Coming of Age at 72: When Loss Brings Self-Discovery"

**AWARDS:** *The Last Visit* – Honorable Mention in the 2011 Warren Adler Short Story Contest